

le Petit Manoir des Miroirs

Holiday almanac

Free copy, take me with you



#1





le Petit Manoir des Miroirs

2 Allée de la Touche
16300 Saint Aulais la Chapelle
South Charente
South West France

Tel. +33(0)7 82 30 50 24
leptitmanoirdesmiroirs.com
contact@leptitmanoirdesmiroirs.com

Summary

04 Le Ptit Manoir des Miroirs



An authentic experience in a cocooning atmosphere with every comfort

10 Everyday life



Useful numbers
Shopping
Charging stations
Everything to make your daily life easier

12 My favourite addresses



Some good addresses to know
for eating out, having fun, discovering and visiting

26 Discovery days



Spend a day discovering some of our region's
most famous sites



At the Ptit Manoir des Miroirs we have acted ecologically to reduce our environmental impact

To reduce the impact of our activity on the environment, we have taken simple, common-sense and long-term steps on various aspects of the build and restoration.

Saving energy !

The building has been completely restored and rebuilt with natural materials such as wood, stone, lime and reconstituted stone. The thermal and sound insulation has been particularly strengthened, notably through the implementation of double glazing for all windows and glass doors as well as insulation of the entire roof using sheep's wool 20cm thick.

We are fortunate to have an old building with high thermal inertia, so energy consumption is lower. Thanks to this thermal inertia and the insulation of the roof, no need for air conditioning by keeping the doors and the windows closed, the renewal of the air is effected by a dual-flow ventilation system. All our lighting uses LED technology, low consumption but no compromise on visual comfort.

Save water and limit pollution

We have placed at your disposal different containers for the recycling of your waste.

All the cleaning, disinfection and hospitality products we offer are part of a sustainable and responsible approach.

We have favoured showers rather than bathtubs (which consume more water). Shower heads and taps are equipped with ecological flow control .

For the pool, we chose to minimize the use of chlorine by filtering water with 100% recyclable polyethylene balls providing filtration at 3 microns (traditional sand only filters attain only 30-40 microns) coupled with a powerful UV and redox sterilization.



Welcome to the Ptit Manoir des Miroirs

Malika and Nigel are happy to welcome you in this old house dating from the 12th century, where Knights and Lords of Conzac succeeded each other. Ideally located, Le Ptit Manoir des Miroirs is close to Angoulême (30mn), Bordeaux (45mn), the Côte Sauvage (Wild Coast) and many tourist sites.

Carefully restored with natural and warm materials that returns to it the charm of yesteryear, everything has been designed and chosen to create the feeling of being at home, in an environment that literally enchants.

Our Ptit Manoir offers high-end accommodation for 8 people.

You will appreciate the comfort of its four bedrooms, its three bathrooms with walk-in showers, its soaring living room and its fully equipped, professional-quality kitchen.

In your beautifully landscaped park of 5000m² take the time for an aperitif with friends. On sunny days, swim in your heated pool of 55m². During the cooler autumn evenings, warm yourselves in the living room listening to the soft sound of wood crackling in the imposing fireplace.



Set in the heart of the gently undulating Charente countryside, this haven of peace will relax you from the moment you cross the threshold, drawing you into a deeply soothing atmosphere with every comfort.

Unfortunately, our accommodation is not suitable for people with reduced mobility due to its configuration with steps to access the rooms and its ground at different levels.

The Ptit Manoir des Miroirs offers a swimming pool secured by an alarm compliant with NF P90-307, but it does not prevent access to the pool for young children. It is the responsibility of parents to monitor their children and intervene in less than 3 minutes when the signal sounds. Zero risk does not exist: only your active monitoring combined with passive alarm monitoring ensures a good level of security.

The presence of the alarm must not affect your level of vigilance, or replace an active and visual vigilance of the pool and its surroundings.



Le Petit Manoir des Miroirs in photos

Caracter Property







C o u p d e C o e u r

At the Ptit Manoir des Miroirs, you can discover the canvas reproductions of paintings by your host the artist Nigel Scragg.

For more information, please contact Nigel or Malika.



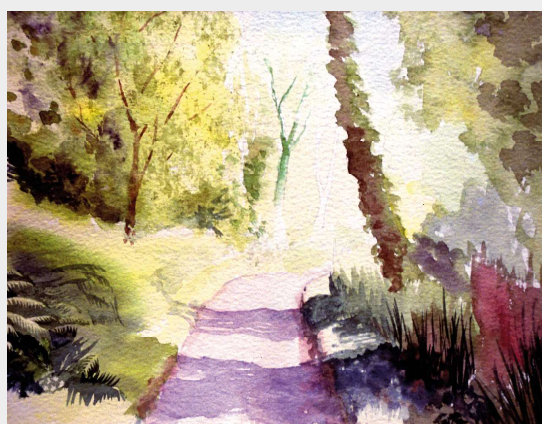
J A R D I N C A C H É

Reproduction
on canvas 40x60 cm



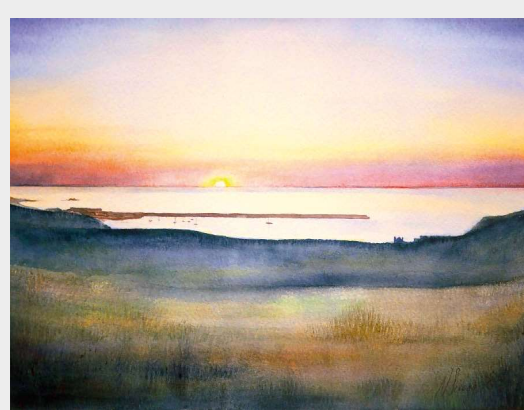
C Ô T E S A U V A G E

Reproduction
on canvas 40x60 cm



C H E M I N D E L ' E A U

Reproduction
on canvas 60x90 cm



C R É P U S C U L E D ' U N S O I R

Reproduction
on canvas 50x75 cm



VENT D'AUTAN

Reproduction
on canvas 40x60 cm



PARFUM D'ÉTÉ

Reproduction
on canvas 40x60 cm



EN ATTENDANT LA BRISE

Reproduction on canvas 70x100 cm



Everyday life

Useful numbers

Malika +33(0)7 82 30 50 24
Nigel +33(0)6 78 05 46 37

Medical practice Barbezieux Saint Hilaire +33(0)5 45 78 08 88
23 rue Charles Virolleau, 16300 Barbezieux Saint Hilaire

Blanzac Porcheresse +33(0)5 45 64 06 72
1 rue Pont des Rices, 16250 Blanzac Porcheresse

Pharmacy Barbezieux Saint Hilaire +33(0)5 45 78 00 27
35 rue Victor Hugo, 16300 Barbezieux Saint Hilaire

Blanzac Porcheresse +33(0)5 45 64 04 22
21 rue Marot 16250, 16250 Blanzac Porcheresse

Pharmacy on duty 32 37

	URGENCES MEDICALES	112
	POMPIERS	18
	SAMU	15
	POLICE	17
	URGENCES SOURDS ET MALENTENDANTS	114



Shopping

Leclerc	Hypermarket, drive, click&collect, pharmacy, drugstore, gas station 9 Bis rue Commandent Foucaud 16300 Barbezieux Saint Hilaire
Intermarché	Supermarket, pharmacy, gas station Avenue de l'Europe 16300 Barbezieux Saint Hilaire
La Vie Claire	Organic food store, vegetable products, bread... 25A avenue Vergne 16300 Barbezieux-Saint-Hilaire
Lidl	Supermarket, charging station Avenue de l'Europe 16300 Barbezieux Saint Hilaire
Carefour Market	Supermarket, gas station 1 route Brossac 16250 Blanzac Porcheresse
Weekly market	Barbezieux Saint Hilaire Tuesday and Friday morning Place de l'église Saturday morning Place du Champ de Foire Blanzac Porcheresse Friday morning Place Saint Arthémy
Bakery	LE FOURNIL DU SUD 1 rue Emile Venthenat 16300 Barbezieux-Saint-Hilaire
Charging stations for electric vehicles	Barbezieux-Saint-Hilaire : Place du Château Parking Elie Vinet Parking du Champ de foire Parking LIDL

C o u p d e C o e u r

LA BROCANTE d'AUREL

For the treasure hunters amongst you, take advantage of Aurélien's finds both small and large. Bargain hunters will have to beat the early bird!...

1 bis Rue Maurice Guerive
16300 Barbezieux

Open Thursday to Saturday from 9.30 am to 6.30 pm
and Sunday from 3pm to 6.30pm



My favourite addresses

R e s t o

L o c a l p r o d u c e r s

V i s i t s

L e i s u r e a c t i v i t i e s





R e s t o

While you explore the Charente countryside, take advantage of our favorite addresses

Graines et Garenne

Châteauneuf sur Charente

In a farmhouse in Châteauneuf, the restaurant Graines et Garenne makes the soul sing and vibrates the taste bud with a creative and inspired chef de la Haute Cuisine who holds that "Cooking is an art in its own right that can only be learned and mastered if you combine passion and generosity... and perhaps also a grain of madness ! " When Pascal talks about his job, his eyes sparkle and his face lights up with a wide smile.



17, route de Roulet
16120 Châteauneuf
Tel : +33(0)5 45 62 06 48

L'Arthémy

Blanzac

Located in the heart of the charming village of Blanzac Porcheresse (only 5 minutes away!), the restaurant L'Arthémy offers original and colorful cuisine, varying with the seasons, the regional produce available, and the imagination of its chef Victor Vallantin-Dulac, a native of the area who is passionate about the art of both eating well and delighting his clients.



4 place Saint Arthémy
16250 Côteau du Blanzacais
Tél : +33(0)5 45 97 01 86

La Boule d'Or

Barbezieux-Saint-Hilaire

The establishment was created in 1852. The dishes offered vary according to the Chef's whims with fresh and fine produce. On sunny days, meals are served in the garden under a century-old chestnut tree.



9 boulevard Gambetta
16300 Barbezieux-Saint-Hilaire

Tel. : +33(0)5 45 78 64 13





Le Bistrot des Halles

Montboyer

Le Bistrot des Halles is a family restaurant that offers traditional homemade dishes made from raw and local products, prepared with love, tenderness and passion. A rich and scalable map.



1 Rue d'Aquitaine
16620 Montboyer

Tél : +33(0)5 79 87 21 24

Les Drôles

Condéon

The restaurant is here to offer you generous, refined and local cuisine that will delight your taste buds. We keep the recipes of grandmother, and add those of the chef for a comforting experience, mixing tradition and modernity.



3 rue de la Gare
16360 Condéon

Tél : +33(0)5 64 72 01 19

Le Lavalette

Villebois-Lavalette

Warm welcome and discovery of specialties with authentic taste. Sit on the terrace, under the Halles of the XVII century, to enjoy a traditional meal.



9 place des Halles
16320 Villebois-Lavalette

Tél : +33(0)5 45 61 71 37

La Ribaudière

Bourg Charente

One place, two atmospheres: a starred restaurant, La Ribaudière - a chic bistro, La Table Du Fleuve. A large villa, a garden that slopes gently towards the Charente flowing peacefully below... The chefs Thierry and Julien Verrat, father and son, create a beautiful cuisine where invention cultivates the natural.



2 Place du Port,
16200 Bourg-Charente

Tél : +33(0)5 45 81 30 54



Local producers

Safran des Charentes

25 km

Saffron, sometimes called "red gold", is the most laborious spice to produce in the world and therefore of high value. This is the work carried out by Marie Pierre and Eric Boutin, producers in Vanzac. They have chosen to engage in a pesticide-free cultivation approach and have been growing these exceptional small flowers of 'crocus sativus' in an artisanal way since 2008.

Welcome to the safranière: discover, around a tasting, authentic safranés products

Montsoreau | Tel : +33(0)5 46 70 66 01
17500 Vanzac | +33(0)6 74 66 14 62



Les Filles de Beauregard

Farmers & creators of treats

33 km

For more than 5 generations, the Daughters of Beauregard have been passionate farmers from Charente. They transform their harvests into gourmet products. All their recipes are original and worked with care in their Charente kitchen. Their gourmet creations are free of additives, preservatives and palm oil.



Beauregard's shop
16 route de la vallée
16290 Saint Saturnin
Tel : +33(0)6 68 80 76 24





Domaine des Quillets

12 km

Distilling the soul of a terroir & the memory of a know-how

Welcome to the Domaine des Quillets in the beautiful countryside of southern Charente. From the work of several generations of winemakers was born the cognac "Paul Rumeau". They produce, distill and age all their production at the Domaine. During the visit you can follow the evolution of the grape and discover the different production methods of Cognac and Pineau des Charentes. Finally, they will invite your taste buds to discover their production during a free tasting.

Les Quillets
16250 Champagne Vigny
Tel : +33(0)5 45 64 02 92



Goat farm Jousseume

17,7 km

Distributed in the largest French cremeries and delicatessens, these delicacies of impeccable quality are now exported to Europe and the world to be tasted by the finest palates.

After visiting, they offer a tasting and purchase of products from the farm.



2 Impasse de chez Goin
16440 Roulet St Estèphe
Tel : +33(0)5 45 66 33 41



V i s i t s

Château de la Mercerie

25 km

As you approach the château de la Mercerie, you will be surprised by its dazzling white stone facade of 220 meters long, in the middle of a green setting of 50 hectares. Called the “Petit Versailles des Charentes”, it is the fruit of the unlimited imagination of the brothers, Alphonse and Raymond Réthoré. The wonder continues throughout the visit thanks to the treasures that are hidden inside: the gallery of Azulejos de Portugal, the gallery of mahogany, the rooms and lounges decorated with multiple paintings are only part of it. At the exit, climb into the small train and cross the arboretum and the rose garden to prolong the enchantment. Some rare and remarkable trees grace the walk through the park...



Château de villebois-Lavalette

25 km

The castle of Villebois-Lavalette is a real citadel overlooking the village of Villebois-Lavalette. Surrounded by a fortress of seven towers, it stands between the Charente and the Périgord. A medieval atmosphere floats in its approach. This medieval castle, with its exceptional architecture, overlooks a charming village labelled “Petite Cité de Caractère” and “capital of the cornuelle”. Guided tours, escape game, thematic survey and many cultural events bring life to the castle all year round.





Moulin du Grand Fief

12,6 km

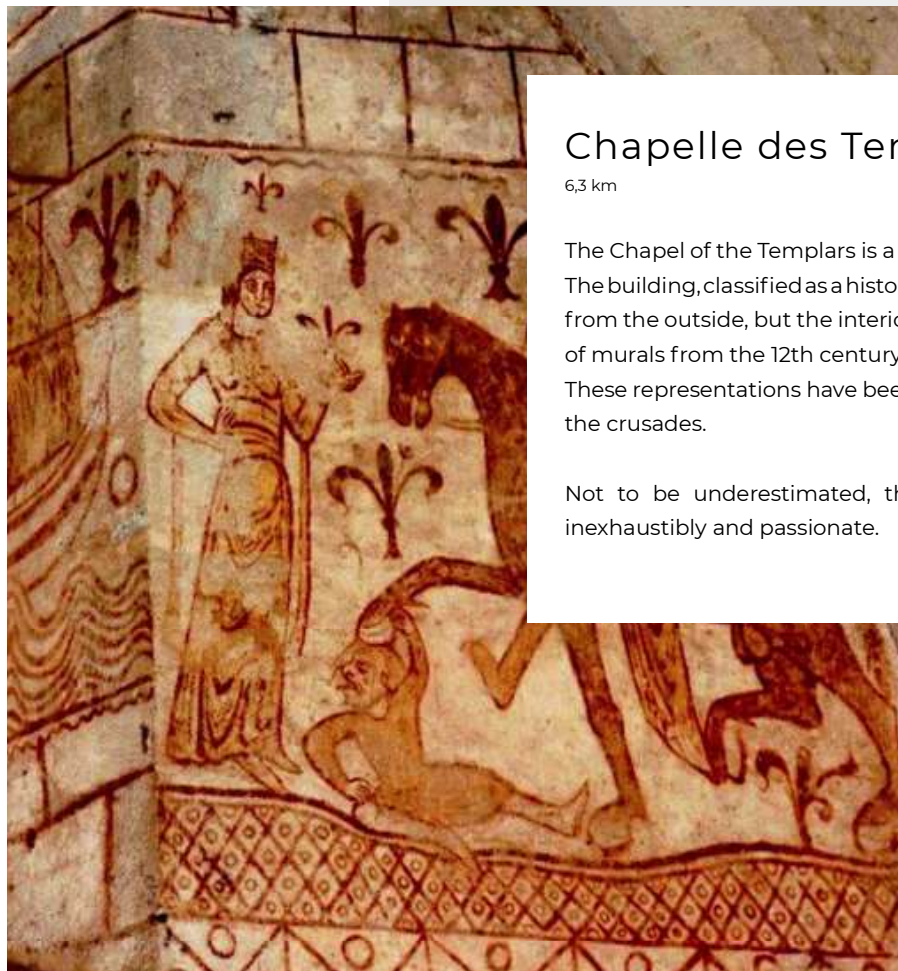
And
why not
lunch at the
restaurant
Les Drôles at
Condéon

The
two castles
are only a few
kilometers from
each other. Take time
to see them both and
maybe have lunch
at the restaurant
Le Lavalette

The Grand Fief mill is a restored windmill in a state close to its original condition. Located in the commune of Condéon near the town of Barbezieux, it offers a 360° view of the hilly countryside and its vineyards. Equipped with sails, its millstones and all its mechanisms, it still produces wheatflour !

Le Grand Fief
16360 Condéon

Tel. : +33(0)5 45 78 59 43



Chapelle des Templiers

6,3 km

The Chapel of the Templars is a little jewel lost in the middle of Charente. The building, classified as a historic monument in 1914, looks unremarkable from the outside, but the interior houses a fabulous treasure: a whole set of murals from the 12th century, illustrating episodes from the crusades. These representations have been widely reproduced in order to illustrate the crusades.

Not to be underestimated, the volunteers who make the tour are inexhaustibly and passionate.

11 route du temple,
Lieu dit "Le Temple"
16250 Coteaux du Blanzacais

Tel. : +33(0)7 66 84 38 80





A bit of history ...

L a C h a r e n t a i s e

The emblematic icon of the Charente

These so-French felt slippers from the Charente region, with their unrivalled comfort, originated in the 17th century, under the prestigious reign of Louis XIV. The Charentaise was designed in the Angoulême region. In 1666, Colbert fortified the town of Rochefort. The Royal Navy then needed uniforms, the main element of which was the warm felt cape (which covered the shoulders over the coat). The wool used to make the pelerine was milled in the water mills of Angoulême, and then turned into felt. After cutting, many scraps of fabric remained unused. The region's shoemakers came up with the idea of recycling them to make a kind of slipper with a felt sole and black woollen upper, without a left or right foot. This particularly clever and economical invention gradually replaced the straw that farmers used to slip into their clogs to protect their feet from injury and the cold, while the tongue of the charentaises protected the instep from contact with wood. Having warmed the feet of many farmers, the charentaise then changed fabric for felt scraps used in the paper industry. At the time, this industry was based in the Charente and its tributaries, in the Angoulême region. The pressed felt became waterproof and the slippers comfortable, warm and functional.

Jewellers wore them in the workshop, and incinerated them once they were worn, in order to reprocess the metal particles. They were also used to manoeuvre around the powder magazines in the powder magazines of the citadels, since the military at the time were studded, which meant that they could generate sparks.



La charentaise TCHA



They were also seen in the fine homes of the French nobility.

But make no mistake: it was not the squires but the valets who wore the charentaises...

In fact, their masters asked them to wear them with a twofold objective in mind. The squires did not want to be disturbed by the noise of the servants coming and going.

In those days, charentaises were called 'les silencieuses' (the silent ones) and the valets walked in hushed tones.

The other aim was even less laudable...

Everyone knows that these beautiful homes had magnificent solid parquet floors that had to be maintained regularly to keep their natural lustre.

The valets repeatedly walked over the floors in their charentaise shoes and felt soles, polishing them to a shine all year round!

In 1907, Théophile Rondinaud, a shoemaker in La Rochefoucauld, had the brilliant idea of equipping these slippers with a rigid sole.

The true Charentaise 'tartan top' as we know it today was born.

In 2019, the Charentaise will be protected as a Geographical Indication, a first for clothing and footwear in France, under the title 'Charentaise de Charente-Périgord'. This designation is associated with the 'cousu-retourné' technique (without glue).

A time fallen into disuse, the traditional boot in felt lain sole makes its big return and seduces the fans of cocooning of all generations. It remains more than ever a mythical product!

RONDINAUD - L'ATELIER CHARENTEAISE



Find a large selection of Charentaises to try on. For this, go to La Pantoufle store.

(La Croix Blanche 16430 Champniers - +33(0)5 45 92 77 40)



Leisure activities



Trottinettes électriques

Chateaufort, 20 km

What would you say to a fun-filled adventure along the Charente river? Hire an all-terrain electric scooter and enjoy a unique experience ? It's a sport that can be enjoyed by everyone, giving you the chance to combine speed and thrills with peaceful, effortless outings !

Warning : PRACTICE WITHOUT MODERATION

CHOOSE YOUR ITINERARY AND BOOK YOUR TROTS
BY PHONE AT +33(0)7 63 44 32 472



Accro Parc

38 km

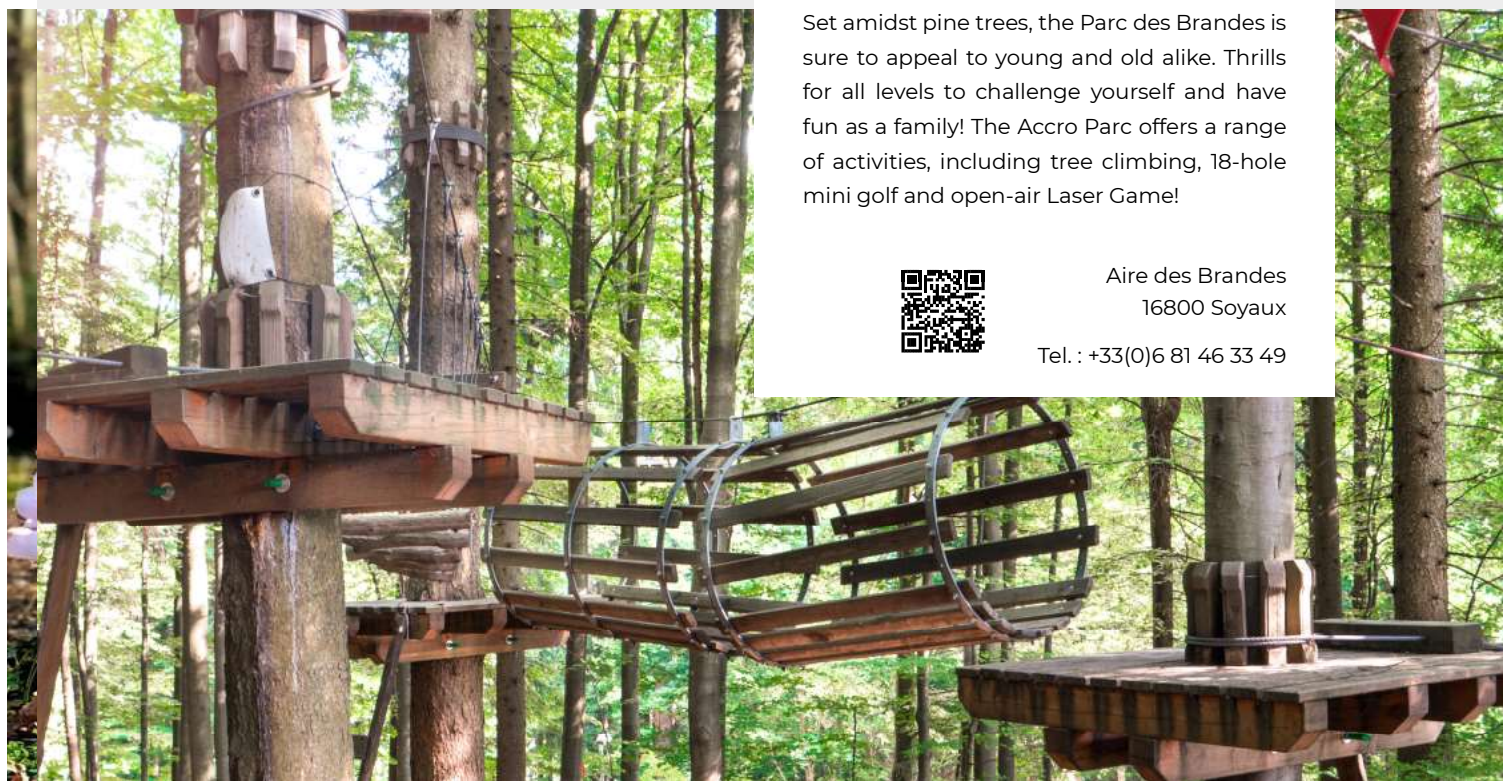


Set amidst pine trees, the Parc des Brandes is sure to appeal to young and old alike. Thrills for all levels to challenge yourself and have fun as a family! The Accro Parc offers a range of activities, including tree climbing, 18-hole mini golf and open-air Laser Game!



Aire des Brandes
16800 Soyaux

Tel. : +33(0)6 81 46 33 49



Cap Montgolfières at Mainfonds

12,5 km



Experience unforgettable moments ! Fly over the hills and valleys of the South Charente, and watch the villages, rivers and castles pass beneath your feet. A moment out of time, weightless, in a word... magical ! Departure from Mainfonds.

Mainfonds is no stranger to ballooning fans. And with good reason : every year, the town plays host to the European Balloon Cup. For over 20 years, this event, followed by an airshow, always brings together fans of this activity.



Cap Montgolfières
+33(0)6 81 84 26 70



		1					8	4
			8		2		3	
				1	3			6
	4			9		8	7	
	3	7		6			4	
6			2	7				
	7		1		6			
8	5					7		

SUDOKU

Each row, each column and each block must contain all the digits from 1 to 9 only once.

WORD SEARCH

Cross out all the words on the list in the grid, placed horizontally, vertically or diagonally.

U	B	S	I	E	T	T	E	U	Q	A	M	B
K	V	S	L	G	G	N	I	T	S	A	C	M
G	R	O	L	O	C	R	E	T	A	W	L	H
H	N	O	U	P	O	R	C	E	L	A	I	N
C	S	K	S	W	N	Q	X	X	P	M	U	G
H	O	U	T	P	U	B	K	J	A	S	Q	D
I	M	P	R	E	S	S	I	O	N	I	S	M
S	X	D	A	B	M	L	I	F	I	L	R	E
E	U	O	T	W	T	P	R	N	E	A	T	C
L	G	H	I	U	L	N	K	S	L	E	O	N
G	K	Q	O	S	G	N	I	W	A	R	D	U
Q	I	H	N	E	L	B	R	A	M	R	V	O
C	A	R	T	O	O	N	E	J	P	Y	X	P

CARTOON
 CASTING
 CHISEL
 DRAWINGS
 FILM
 ILLUSTRATION
 IMPRESSIONISM
 INK
 MAQUETTE
 MARBLE
 PAINTBRUSH
 PORCELAIN
 POUNCE
 REALISM
 WATERCOLOR

LABYME

For those who want to try their hand at French.

From the start (the crossed-out word in the grid) to the finish (the letter circled in red which is the last letter of the last word), find all the words in the list below presented in a zigzag pattern (see example). Find them by moving from one square to another and in every possible direction, except diagonally. The words do not cross each other and the letters are only used once, the unused letters forming the puzzle.

Of course, as in any labyrinth, there are dead ends. It's up to you to choose the right path.

LITTLE SAHARA FOX

--	--	--	--	--	--

ANTILOPE
AUTRUCHON
CAMELEON
CHACAL
CHIMPANZE
COBRA
CORMORAN
CROCODILE

DROMADAIRE
FAUCON
FAUVE
FOURMI
GECKO
GIRAFE
GUENON
~~HIPPOPOTAME~~

LIONCEAU
MARABOUT
MOUSTIQUE
OKAPI
PERROQUET
PERRUCHE
PHACOCHERE
PYTHON

RHINOCEROS
SAUTERELLE
SCARABEE
SCORPION
VAUTOUR
ZEBRE

H	T	B	E	U	Q	P	R	T	N	R	E	C	E	G	N	M	A
O	Y	R	Z	E	O	E	U	I	A	O	C	K	O	E	O	E	T
N	P	E	E	T	R	R	O	L	T	S	O	H	R	L	A	F	O
R	U	C	H	C	O	U	T	O	U	G	N	I	F	E	U	O	P
R	I	M	L	A	B	A	V	P	O	I	R	E	A	M	C	P	H
E	S	R	F	C	R	A	E	E	B	A	A	F	C	N	O	P	I
P	C	U	O	A	O	C	U	M	N	R	A	E	D	R	O	M	A
E	A	I	C	H	R	N	Q	O	L	E	M	H	C	O	I	A	D
E	R	P	E	H	M	O	I	U	I	D	O	O	U	N	P	I	R
B	A	A	R	C	A	R	T	S	E	O	C	N	R	A	R	O	E
E	O	K	E	O	N	E	A	U	C	R	A	S	T	U	C	C	G
Z	P	M	C	C	P	C	I	L	U	A	U	T	E	R	N	S	U
N	A	I	H	A	H	N	O	E	V	F	E	L	L	E	O	N	E

* FENNEC

C o u p d e C o e u r



During your holiday, we recommend horse-riding along the seafront of the Côte Sauvage. An idyllic setting for a breath of sea air, with 20km of fine sandy beaches...

We start the walk a little after the Anse car park on the outskirts of La Palmyre. You cross the dune as far as the Bonne Anse bay. We then walk along the dune towards the Coubre lighthouse. From here, the Côte Sauvage beach offers a vast playground for galloping in the sand. If the ocean is kind, you can let go and ride the waves. It's exhilarating !



41 avenue des Mathes
La Palmyre
17570 Les Mathes

Tel. : +33(0)6 03 53 07 91



Discovery days

A u b e t e r r e

T h e W i l d C o a s t

A n g o u l ê m e

C o g n a c

B o r d e a u x





Aubeterre

32 km

One of the Most Beautiful Villages in France
Small town of character

The village of Aubeterre-sur-Dronne, in the south of the Charente, clings to a hillside around a loop of the River Dronne. Its white stone houses with colorful wooden balconies line the narrow streets and flower-filled squares. A "small town of character", it has also been listed as one of France's "most beautiful villages" since 1993. At its foot, the River Dronne offers a protected natural setting where numerous outdoor activities await you. Its central square, lined with small shops, is a must for a break in the shade of the lime trees. It's a little paradise well known to the locals, who flock here on Sunday market days. In Aubeterre-sur-Dronne, it would be a shame not to visit the village's hidden treasure, its underground church. Truly spectacular, it is the highest in Europe and welcomes you every day. The church of Saint-Jacques and its beautiful facade, as well as the various viewpoints, are well worth a visit in the upper part of the village. Along the streets, you'll discover a host of boutiques and artisan workshops.



THE POTTERS FESTIVAL

September

On the 3rd weekend of September, during the European Heritage Days, some thirty professional artists present their creations in front of the Saint-Jean underground church. There are various activities on offer throughout the event.



NOCTURNAL MARKET

August

A big nocturnal market takes place on the first Thursday in August on the Place du Champ de Foire d'Aubeterre. From six in the evening locals and tourists gather in the heart of the village and take part in this popular event. The Marché Nocturne offers many stalls selling local art and produce.





DEPARTURE 9:30 AM

Visit the village on your own or with a guide (to be booked on 06 79 85 81 26). The only village in the Charente region to be classified as one of Les Plus Beaux Villages de France, you'll discover buildings with wooden galleries, a true architectural feature of Aubeterre. As you stroll along the flower-filled alleyways, your steps will lead you to the highlight of your visit : the underground church of Saint-Jean, known as the monolithic church*. Carved out of the cliff in the 12th century, the vaulted central nave is over 20 metres high, making it the largest underground church in Europe. Inside, you'll discover a unique ensemble, consisting of a Romanesque stone reliquary and a baptismal pool that remains a mystery. But most extraordinary of all is the necropolis, discovered in 1958 and containing



LUNCH 1:00 PM

LA TAVERNE MAISON PIERRE VERY

2 Rue Barbichon, Aubeterre

Book your table on +33(0)5 45 98 15 53 or

+33(0)6 46 19 05 02

Whatever the restaurant, we strongly advise you to book at least one day in advance.



CANOË - KAYAK 3:00 PM

Thomas and his team welcome you for a 1, 2 or 4-hour trip. Come and discover the Dronne valley, a majestic river and wildlife paradise.

For information and to book your canoe, kayak, stand-up paddle or pedalo, call +33(0)5 45 98 51 72.



AFTER ALL THAT EFFORT, SIT BACK AND RELAX

Rendez-vous square Ludovic Trarieux, the beating heart of the village, where the café terraces will welcome you for a refreshing drink in the shade of the trees.

And for young and old alike, the shop **LA BOUTIQUE** offers a wide selection of homemade ice creams.



The wild coast

Undoubtedly the most beautiful beaches in the entire region

On the Côte Sauvage are immense beaches. In total, the coastline is 20 km long, and there's not a single building on the horizon. Seen from the air, it's easy to see why it's so aptly named. Even in the middle of August, there is never any sense of overcrowding. As you leave the forest, the landscape transforms into an exotic beach.

Its peaceful appearance hides a powerful character. The 5,000-hectare Coubre forest stands as the ultimate rampart. A vast mantle protecting the entire Côte Sauvage and its hinterland.

The emblem of the Côte Sauvage lies at the end of this forest. The Coubre lighthouse, which shines for over 50 kilometers. And that's not its only record. To get the full measure of the Côte Sauvage, you need to climb the 64 m-high Coubre lighthouse.



RIP CURRENTS : BAÏNES

One very common phenomenon along the Landes coastline is the formation of baïnes, which are deep depressions that occur near sandbanks and in which currents form. These currents mostly occur between mid and low tide and can sweep careless swimmers and surfers out to sea, making it difficult for them to return to the beach.

What to do if you get carried away by a baïne current: Do not panic. Let yourself drift without fighting the current to avoid wasting energy. Call for help and swim parallel to the beach to escape the current, without fighting it.

To avoid the baïnes, it's best to swim in the supervised zone marked by two two-tone yellow and red flags.





**DÉPARTURE 7:00 AM
(ESTIMATED TIME 1H30)**

The beaches may be huge, but the car parks are not. To fully appreciate this wild setting, leave early and take something warm against the morning chill. Head for the beach at the Phare de la Coubre, 17390 La Tremblade.

Stop off at Les Écureuils bakery, 2 avenue de l'Océan, 17570 La Palmyre, to stock up on pastries. Park at the Phare de la Coubre car park. All you have to do is walk a little to discover the immensity that awaits you... Be careful, the Côte Sauvage is a dangerous place to swim. The rollers can be gigantic in the event of a big swell, so don't swim just anywhere! There are a few supervised spots near the lighthouse.

9:00 AM BREAKFAST ON THE BEACH

PICNIC

The idea of a picnic isn't just for kids, you know! This outdoor activity is on everyone's summer to-do list. It's a real treat to be able to break your eating routine and eat close to nature. The usual table manners are forgotten, the children play between meals, we sit like Indians and eat with our fingers.

LA COUBRE LIGHTHOUSE 1:00 PM

After climbing 300 steps through a blue opaline interior, a 360° panorama offers a breathtaking view of the Côte Sauvage and its magnificent beaches, the La Coubre forest, the Gironde estuary and the island of Oléron. The tour continues at the foot of the lighthouse with a museum describing the history of this 'giant of light' and the various items of equipment needed for its operation.



ZOO DE LA PALMYRE 3:00 PM

La Palmyre Zoo is nestled in the heart of an 18-hectare pine forest, just a stone's throw from the beaches of the Côte Sauvage. It is the 3rd most beautiful zoo in France, behind Beauval zoo and the Sigean African reserve. Open until 7pm, you'll have plenty of time to admire over 1,600 mammals, birds and reptiles.





Angoulême

UNESCO City of Art and History
and Creative City label

Perched on a promontory surrounded by ramparts, Angoulême dominates a meander of the Charente. The white stone houses with their tiled roofs give this Town of Art and History a southern feel: the criss-cross of old cobbled streets bubbles with life at the slightest ray of sunshine! The town hall and its two medieval towers, inherited from the former castle of the Counts of Angoulême, and Saint-Pierre cathedral, a jewel of Romanesque art, bear witness to the rich history of the city of the Valois. Renowned since the Middle Ages for the exceptional quality of its paper, Angoulême has become, in just a few decades, THE capital of comic strips thanks to the international renown of its famous Festival, which is in full swing in January. Here, comics can be seen on every street corner, from the famous painted walls to buses and letterboxes, right down to the bubble-shaped street signs! Boule et Bill, Blake et Mortimer and Titeuf guide your every step. It's a fun and unique route that will inevitably lead you down to the banks of the river to say hello to Corto Maltese, whose statue stands proudly as you approach the Comics Museum and its bookshop dedicated to the 9th art. FIBD, Francophone Film Festival, Circuit des Remparts... Angoulême comes alive all year round.



FRANCOPHONE FILM FESTIVAL

August

Taking advantage of the last rays of August sunshine, the FFF is celebrating French-language cinema.

CIRCUIT DES REMPARTS

September

More than a car race, The Circuit des Remparts d'Angoulême is an event which celebrates the automobile heritage and all the brands which have contributed to building this exciting history.

INTERNATIONAL COMICS FESTIVAL

January

The most important comic book event in the world, the Angoulême International Comics Festival welcomes nearly 6000 comics professionals from all over the world!





DÉPARTURE 9:30 AM

Visit the old town and its cobbled streets, stroll along the ramparts and, why not, discover the 19 painted walls created by prestigious comic strip authors. On your own or with a guide, the Pays d'Angoulême Tourist Office welcomes you at Place de l'Hôtel de Ville and on +33(0)5 45 95 16 84 for further information.



LUNCH

CHEZ PAUL

8 place François Louvel, Angoulême

Book your table on +33(0)5 45 90 04 61.

Just a stone's throw from the magnificent Cathédrale Saint Pierre, the Chez Paul brasserie invites you to discover an unexpected and welcoming place, with an exceptional garden.



THE AFTERNOON TREATS

BRÛLERIE DU VALOIS : if you like a good coffee from an artisan-brewer, this is the best address. You'll also find an excellent selection of teas, chocolates and delicate products (14 rue des Postes).

CHOCOLATERIE DUCEAU : Located in the heart of Angoulême, Duceau, founded in the middle of the 18th century, is a highly reputed chocolaterie that has never failed to live up to its reputation (18 place de l'Hôtel de Ville).

BISCUITERIE LOLMÈDE : If you're a fan of traditional macaroons, don't hesitate! This traditional biscuit factory dating back to 1889 also offers madeleines and other hot drinks (6 rue des Arceaux).

CHÂTEAU DE LA TRANCHARDE

Surrounded by sublime wooded parkland, the Château de la Trancharde is a well-kept jewel. Formerly the seat of one of the most important seigneuries of the Angoumois region in the Middle Ages, the present-day Château de la Tranchade was built in the 14th century. Located in the commune of Garat, in the Charente region, it stands on a rocky outcrop overlooking the entire Angouenne valley. To visit call +33(0)6 18 81 68 30



C o g n a c



“Ville d’art et d’histoire” label

This is the land of Cognac, Pineau des Charentes and Charente wines. The rows of vines shape the landscape and offer you a unique experience. From the Place François 1er to the quays of the Charente, Cognac, a Town of Art and History, can be discovered by strolling along its cobbled streets lined with half-timbered houses and 19th-century town houses. The town’s destiny is inextricably linked to its world-renowned spirits. Explore the Cognac label and the expertise needed to produce it : its origins, vineyards and their grape varieties, and alchemy of distillation and aging.

Start by visiting the places where cognac is made, the great cognac houses, the distilleries and vineyards.

The words to say it...

An angel passes... As cognac ages in oak casks, its alcoholic strength and volume decrease. This significant natural evaporation (which still represents 22 million bottles each year) is poetically called la Part des Anges.

Un p’tit coin d’Paradis... Paradis is the name given to the cellar where the older eaux-de-vie are kept. Once they have reached maturity, the eaux-de-vie are transferred to large glass casks known as Dames Jeannes: from this point onwards, they will not change and can be kept for many years.



BLUES PASSION FESTIVAL

July

LA FÊTE DU COGNAC

July

LE LEC FESTIVAL

November

Every year, writers, performers, journalists and artists from all over Europe come together to make Cognac the capital of literary Europe.





MORNING

LA TONNELLERIE ALLARY

The Allary coopers opens its doors to you for a guided tour of its workshops. Its internationally recognised expertise has earned it the title of 'Best Craftsman in France' on six occasions !



29, route de Cognac, 17520 Archiac
Réservation at +33(0)5 46 49 14 59

LUNCH

BISTROT DE CLAUDE

Le Bistrot de Claude is an address that everyone in Cognac knows, but which tourists don't necessarily hear about... Good addresses are kept secret! Open only on weekdays, this chic restaurant offers traditional cuisine with a refreshing twist.



35 Rue Grande - 16100 Cognac
Réservation at +33(0)5 45 82 60 32

AFTERNOON

BARON OTARD ET D'USSE

Discover the Château de Cognac, a historic monument, witness to the History of France and the home of BARON OTARD and D'USSE Cognacs.

Baron Otard, who founded his merchant hall in 1795, was well aware that its thick walls and humid cellars would allow his brandies to mature excellently. A range of experiences will allow you to explore the château's remarkable Renaissance rooms, the aging cellars and the surprising history of the house, before you break for a tasting session.



127 boulevard Denfert Rochereau, 16100 Cognac
Réservation at +33(0)5 45 36 88 86

MUSÉE DES SAVOIRS FAIRE DU COGNAC



From the world of the vine to the art of distillation and the trades involved in its production, discover the secrets of cognac.

Les Remparts, Place de la Salle Verte, 16100 Cognac



B o r d e a u x

The largest protected city in the world (1,810 hectares), with the Port of the Moon included on UNESCO's World Heritage List

Bordeaux is known the world over for its vineyards, gastronomy and art of living. The Port of the Moon has been listed as a UNESCO World Heritage Site for its classical and neo-classical architectural unity since the early 18th century, representing 'a group of cultural and natural properties of outstanding interest for the common heritage of humanity'. It has also been recognised for its historic role as a centre for the exchange of influences over more than 2,000 years, particularly since the 12th century as a result of its links with Great Britain and the Netherlands. The urban plans and architectural ensembles from the early 18th century onwards make the city an outstanding example of classical and neoclassical trends, giving it remarkable urban and architectural unity and coherence. Its urban planning represents the success of the philosophers who wanted to make cities a melting pot of humanism, universality and culture. Over the last two decades, Bordeaux has undergone a major transformation. Its historic heritage, refurbished and dusted off, is now being accompanied by ambitious projects in terms of building volumes, architecture and social experimentation.



DANCING ON THE QUAYS

July

It's a dance festival that brings people together, gets them involved and is open to everyone !

INTERNATIONAL INDEPENDENT FILM FESTIVAL

October

METROPOLITAN SUMMER CULTURE UNDER THE SUN!

July-August

Every summer, the city's natural and heritage sites come alive with almost 150 events combining music, dance, readings, theatre, circus and gastronomy...





MORNING

LA CITÉ DU VIN

The Cité du Vin is a cultural centre of international stature. Its impressive architecture and spaces make it an emblem of modernity, offering a new way of looking at wine, around the world, through the ages and in all cultures. The highest point of the Cité du Vin and the highlight of the visit, the Belvedere offers a magnificent 360° view of the 'Port of the Moon'. From here, you can admire the meandering Garonne, now a UNESCO World Heritage Site, like nowhere else.



LUNCH

LE 7

Le 7 panoramic restaurant is on the seventh floor of La Cité du Vin. You'll enjoy a unique view over Bordeaux and the Port de la Lune, as well as bistro cuisine that's renowned in our city.



LATITUDE20, LA BRASSERIE

A friendly and warm place, ideal for a lunch, a drink or a dinner. In a contemporary design on La Cité du Vin's ground floor, come and discover the full extent of an international wine list with a selection of dishes from around the world.



LES HALLES DE BACALAN

Located opposite the Cité du Vin, the Halles de Bacalan offers a unique insight into the life of the people of Bordeaux. Here, you enter the kingdom of the epicureans. You stroll along the stalls, between high bar tables and you are spoilt for choice. To eat on site, just order from a small kiosk the dishes that you like, then take your plate and find a table to savour and enjoy. Best to arrive at midday before the rush hour...



AFTERNOON

BASSINS DES LUMIÈRES

With 4 pools 110m long, 12,000m² of projection surface and 90 video projectors, the Bassins des Lumières is recognised as the world's largest digital art centre. The world's masterpieces come out of their painting frames, and you can walk on colours, observe shapes in the water's reflection and find your way between light and shadow to the sound of commentary.





About the Ptit Manoir des Miroirs	page 4
Photos of Le Ptit Manoir des Miroirs	page 6
Favorite : the paintings	page 8

Everyday life

Useful numbers	page 10
Shopping	page 11

My favourite addresses

Resto	page 14
Local producers	page 16
Visits	page 18
Abit oh history : La Charentaise	page 20
Leisure activities	page 22

Brain games	page 24
-------------	---------

Discovery day

Aubeterre	page 28
The wild coast	page 30
Angoulême	page 32
Cognac	page 34
Bordeaux	page 36

Tourist Office
South Charente



Pass Privières
Discounts for your visits and leisure activities
Offers Cîtes de France on presentation of the card



Holiday almanac is the Ptit Manoir des Miroirs magazine
Made by Malika
Paintings by Nigel Scragg
Free 2025 copy, take me away



le Petit Manoir des Miroirs

Paris 484 km
Bordeaux 92 km
Cognac 45 km
Angoulême 35 km

Angoulême train station 41 km

Bicycle rental 12 km

Bordeaux-Mérignac Airport 101 km
Poitiers-Biard Airport 147 km
Bergerac-Dordogne Airport 102 km

Car rental :

Leclerc 12 km

Airports

Angoulême train station

le Ptit Manoir des Miroirs
2 Allée de la Touche
16300 Saint Aulais la Chapelle
South West France



*We are looking forward
to seeing you !!*